Fax to: 1-310-854-0121 when completed

(Please bring the completed original forms to your first office visit)

- Enclosed is a **Medical Release Form** (Page 2) so your Medical file can be released and faxed to us.
 - 1. We will use this information to guide your treatment.
 - 2. It will provide us with valuable information that will be needed for your insurance authorization.
- Every patient undergoes a **Psychological Evaluation** prior to surgery. Many insurance companies also require this before submitting for authorization. A charge of \$200.00 will be billed to your insurance company (unless you are already under the care of a Psychologist or Psychiatrist)

Note: If your insurance company compensates the Psychologist less than \$200.00 you will be billed for the balance.

If you have any questions as you fill out your patient chart, please call 877-558-5483 and we will get the answers you need.

Thank you so much for your understanding and cooperation. We look forward to helping you realize your healthy goals.

Medical Records/Confidential Medical Information

I,, hereby authorize, his/he	
(Patient Name) (Physician or Facility)	
or designee, to release information contained in my medical records, including alcohol	
abuse records protected under the regulations in Code 42 of Federal Regulations, Part	
psychological and/or social service records, if any, including communications made by me	
worker or psychologist; and information relative to HIV (Human Immunodeficiency Via (Acquired Immunodeficiency Syndrome), and ARC (Aids-Related Complex) if any, to the i	
or organizations listed below, only under the conditions listed below:	muividuais
•	
The information is to be released to	
(Person or Organization Receiving Records)	
for the purpose of	
Time Period/Detai	
Time Period/Date:	
Information to be released:	
Entire Record Discharge Summary	
History and Physical Lab Reports	
Operative Reports EKG Reports	
Emergency Room Record Pathology Reports	
X-ray(Please Specify Study):	
Other (Please specify):	
(Date) (Patient Signature)	
(Parent or Guardian)	
Other Signature (On Behalf of Patient)	
(Date) (Witness)	

Please forward all requested documents to:

Jamshid Nazarian, MD, F.A.C.S. 8920 Wilshire Blvd., Suite 501 Beverly Hills, CA 90211 310-854-1174 Phone 310-854-0121 Fax

^{**}Authorization must be dated and signed by the patient. If the patient is a minor, or is physically or mentally incompetent, the authorizations must be signed by the nearest of kin. If patient has authorized someone else to pick up the records, this person signs on the Other Signature Line and must have a signed authorization from the patient.

^{*}AUTHORIZATIONS MORE THAN 6 MONTHS OLD WILL NOT BE HONORED.*

NOTE: Please Pr	rint		Today's Date	e:	
Name:			SSN:		
Last	First	M.I.			
A d dueses.			Daytime Dhamas		
Address:			Phone: Cellular:		
	City	State		Zip	
Evening Phone:		E-Mail: .			
Birthdate:	Age:	Gender (circle): M / F	Martial Sta	tus:	
Driver License: S	State:	Number:	S	moker?	(Circle) Yes / No
Employer:		_ how long? C	Occupation:		
Employers Addr	ess:		Work Phone:		
		City/State/Zip			
			_ Religion:		
Responsible Part	ies Informatioi	n			
Name:		Phon	e:		
Address (if differ	rent):				
SSN:		Relationship t	o Patient:		
Employer:		Relationship t _ how long?	Occupation:		
		P			
Insurance Inform	nation				
Primary Policy:		Policy	/ ID:		
Group Number:		Empl	oyee:		
Secondary Policy	/ :	Policy	ID:		
Group Number:		Employee:			
Contacts:					
Primary Care Ph	nysician:	Name	Address	Phone	
Emergency Cont	act:				
Emergency Cont	act:	Name	Address	Phone	
Linei gency Cont		Name	Address	Phone	

The following is a statement of our Financial Policy that we require that you read, agree to and sign prior to any treatment.

YOUR CO-PAYMENT OR DEDUCTIBLE IS PAYABLE IN FULL AT THE TIME OF SERVICE. We accept checks or cash. Recent Federal legislation has made it illegal for physicians to routinely write off co-payments and deductibles.

We may accept assignment of insurance benefits. This means that we will accept the amount allowed by your insurance company; you will be responsible for co-payments and deductibles. The difference between the billed amount and what your insurance company pays is your responsibility (your co-insurance/co-payment). We cannot bill your insurance unless you bring in all insurance information and an original claim form (when required).

Your insurance policy is a contract between you and your insurance company. We are not a party to that contract. Please be aware that some and perhaps all of the services provided may be "non-covered" services or not considered "reasonable and necessary" under your medical insurance. If your treatment or services are so determined by your insurance company any non-covered balance is your responsibility.

A fully completed Patient Information Sheet is necessary to insure efficient billing to your insurance carrier. Most of the information we request is for your protection in the event of an emergency. A post office box is not an acceptable mailing address.

Photocopies of the front and back of all insurance cards must be maintained in our office at all times. If you see the doctor and do not provide us with complete insurance information, your account will be assigned a Cash Status and payment in full will be required at the time of the visit.

Our office does not charge for missed appointments as a courtesy to you. We do, however, request that you give us at least 24 hours notice if you will not be able to make an appointment so that we may contact another patient who requires care.

Signature:					
Printed Name:					
Date:					
I HAVE BEEN ADVISE	D THAT THE C	OST OF THE	INITIAL VI	SIT WITH TH	E DOCTOR IS
\$350.00. THIS AMOUN	T WILL BE BIL	LED TO MY	INSURANCI	E COMPANY I	REGARDLESS
OF WHETHER OR NO					
BY SIGNING THIS LI	ETTER, I ACKI	NOWLEDGE T	ГНАТ І АМ	1 RESPONSIBI	LE FOR ANY
DEDUCTIBLE OR	CO-PAYMENTS	REOUIRED	BY MY	INSURANCE	COMPANY.
FURTHERMORE, IF T					
ANY REASON, I UNDE					
Signature:					
Printed Name:					
Date:					

AUTHORIZATION TO RELEASE INFORMATION

The undersigned authorizes (to the extent necessary to determine liability for payment and obtain reimbursement), Jamshid Nazarian, M.D., to disclose all or portions of the patient's record to any person or corporation which is or may be liable, for all or any portion of the physician's charges, including but not limited to insurance companies, health care services plans, or worker's compensation carriers.

FINANCIAL AGREEMENT

The undersigned agrees, whether he/she signs as agent or as patient, that in consideration for the service to be rendered to the patient, he/she obligates himself/herself to pay any and all unpaid balances. Should the account be referred to collection, she/he understands and agrees to incur any/all additional expenses and attorney's fees.

ASSIGNMENT OF INSURANCE BENEFITS

The undersigned consents to the procedure which may be performed by Jamshid Nazarian, M.D., which may include, but are not limited to: laboratory charges, and/or medical or surgical treatment or procedures.

The undersigned certifies that he/she has read the foregoing, received a copy, and is the patient, patient's legal representative, or is duly authorized by the patient to execute the above and accept its terms.

Patient Name	Signature
Date:	
Witness Name	Signature
Date:	

Surgical Preference Form

Various forms of weight loss surgery are currently available to assist you in achieving your weight loss goals. At this time, which of the following procedures are you considering for your individual need?

	Laparoscopic Gastric Bypass (Roux-en-Y)	
	Silicon Adjustable Laparoscopic Banding (Lap Band)	
	Open Gastric Bypass (Roux-en-Y)	
	Vertical Ring Gastroplasty	
	Duodenal Switch (Bilio-pancreatic Diversion)	
	procedure possesses certain advantages, risks and personal adjustments, all will be addressed in detail in your discussions with Dr. Nazarian.	of
Patier	nt Name Date	

Name:	Date:
-------	-------

Jamshid Nazarian, MD FACS Diplomate, American Board of Surgery BARIATRIC SURGERY

Please check diets tried, include the year, durationg and the weight loss or gain (if applicable) Example, Lindora, 2001, 6 months, -25 lbs.

Diet Type/Drug	Year	Duration	Weight loss/gain	Comments	
		Medically Supervised Pr	otocols		
Radar Institute					
Lindora					
Psychologist					
Opti-Fast					
Medi-Fast					
Reg. Dietian					
Nutritionist					
Kaiser's Freedom from Fat					
Prescription Diet/Pills					
Meridia					
Amphetamines					

Phen-Fen		
Fastin		
Xenecal		
Ionomin		
Didrex		
B-6/12 Shots		
Adipex		
Prozac		
Paxil		
Welbutrin		
Celexa		
Sarafen		
Lasix		
Redux		
Metabolite		
Herbalife		

T-Burn Capsules				
	F	Reduced Calorie or Limited	Intake Diets	
500 Cal/day Diet				
1,000 Cal/day Diet				
1,200 Cal/day Diet				
1,500 Cal/day Diet				
2,200 Cal/day Diet				
Low Cholesterol Diet				
Low Carbohydrates Diet				
	Med	lically and Non-Medically S	upervised Diets	
Phys. Weight Loss Center				
HMR Program				
Diet Center				
Jenny Craig				
NutriSystems				
Weight Watcher's				

Name:

TOPS			
Over Eater's Anonymous			
Loma Linda Medical Center (Rotation or Cabbage Soup Diet)			
Mayo Clinic Diet			
Cambridge Diet			
	Over-the-Counter Die	t Aids	
Acutrim			
Dexatrim			
Diuerex			
Xenadrine			
Herbal Phen/Fen			
Metabolife			
Metabolite			
	Extreme Weight Loss M	lethods	
Gastric Bubble			
Hypnosis			

Jay Wiring			
Acupuncture			
Gastric Surgery			
,	Diet Book Diets		
Scarsdale Diet			
Dr. Atkin's Diet			
The Zone Diet			
Dr. Hiller's Diet			
	Fad Diets & Progra	ms	
Susan Powers	<u> </u>		
Juice diet			
Slim Fast			
Weght Down Diet			
Sweet Success			
Sugar Busters Diet			
The Anti-Diet			

CA Slim			
Super Dieter's Tea			
Beverly Hills Diet			
BioSlim			
Herbalife			
Fasting			
The Hollywood 24 Hour Miracle Diet			
Richard Simmons Deal-A-Meal			
	Self-Administered Exercis	e Tapes/Programs	
	Please check all t	that apply	
Aerobic Tapes	Tae Bo Classes		
Dance Tapes	Aerobic Classes		
Tae Bo Tapes	Dance Classes		
Jazzercise Tapes	Exercise Classes/Cente	ers	

Richard Simmons Exercise Tapes	Personal Trainer	
Denise Austin Workout	Home Gym	
Jazzercise Classes	Step Aerobics	
	Gyms	
	Please check all that apply	
Family Fitness	Slim Down Express	
Imperial Fitness	Ladies Spa	
New Dimensions Gym	John's Aerobic Workout Shop	
Gold's Gym	LA Fitness	
Venus Di Milo Gym	California Fitness	
World Gym	Curves for Women Gym	
Vick Tanney Fitness	Sports Center	
YMCA	24 Hour Fitness	
Slender Lady Health Spa	Bally's Fitness Center	
Sports Plus	Lydia's Health Spa	

Name: _____

Fitness USA

PATIENT NAME:DA	TE:	
AT WHAT AGE DID YOU BEGIN YOUR FIRST I	DIET?	Years old.
WHAT WAS YOUR SINGLE GREATEST WEIGH	HT LOSS?	Lbs.
HOW LONG DID YOU SUSTAIN THAT WEIGHT	Γ LOSS?	
HOW MANY TIMES HAVE YOU LOST OVER 25	POUNDS?	_
SIGNS AND SYM	PTOMS FORM	
HISTORY		
YESNO Have you ever experienced any serior How many days was your longest hospitalization? Reason:	Days	
YES_NO Recent weight changes? YES_NO Have you been in good health? YES_NO Skin disease YES_NO Jaundice YES_NO Hives, eczema, or rash YES_NO Hives, eczema, or rash YES_NO URI (cold) now YES_NO URI (cold) now YES_NO Spitting of blood YES_NO Chronic or frequent cough YES_NO Difficulty breathing YES_NO Difficulty breathing YES_NO Lung problems/pneumonia YES_NO Chest pain/angina pectoris YES_NO Shortness of breath/difficulty breath YES_NO Heart trouble/attack YES_NO High blood pressure YES_NO Swelling in hands/feet YES_NO Swelling in hands/feet YES_NO Heart murmur YES_NO Heart "flutters" YES_NO Heart "flutters" YES_NO Peptic Ulcer YES_NO Callbladder disease YES_NO Gallbladder disease YES_NO Black (tarry) stools YES_NO Black (tarry) stools YES_NO Bleeding with bowel movements YES_NO Recent change in stools YES_NO Frequent diarrhea YES_NO Upper indigestion/heartburn YES_NO Cramping or abdominal pain YES_NO Does foods stick in throat?	ing (dyspnea)	
YESNO Bleeding with bowel movements YESNO Recent change in stools YESNO Frequent diarrhea YESNO Upper indigestion/heartburn YESNO Cramping or abdominal pain		

Beverly Hills Institute for Bariatric Surgery

Name	
YESNO	Night time urination
YES NO	<u> </u>
YES NO	9 .
YES_NO_	
YES_NO_	· ·
YES_NO_	Thyroid trouble
YESNO	Enlarged glands
YESNO	Headaches
YES_NO_	Ear disease
YESNO	
YESNO	Impaired hearing
YESNO	Sinus trouble/Rhinitis
YESNO	Anemia or blood disease
	Are you slow to heal from cuts?
YESNO	Pain or irregular menses
YESNO	•
YESNO	Breast surgery(s)
	If yes, when?
YESNO	Do you have any know allergies or sensitivities to drugs or foods?
	Please list allergies and reactions:
YESNO	Have you ever received a blood transfusion?
YESNO	Are you HIV positive?
YESNO	Hepatitis/liver disorder
YESNO	Numbness
YESNO	Diabetes
YES_NO_	Varicose Veins
YESNO	Cancer
YESNO	Leg cramps
YESNO	Gout
YESNO	Seizures
YESNO	TB
YES_NO_	2 1- VV
YES_NO_	Convulsions
YES_NO_	Mental Disorder
YESNO	Addiction to alcohol or drugs
YES_NO_	Hernia High Chalacteral on Trighyapride tests
YES_NO_	High Cholesterol or Triglyceride tests Arthritis (joint pain)
YES_NO_ YES_NO_	Arthritic knees
YES_NO_ YES_NO_	Arthritic hips
YES_NO_	Arthritic ankles
YES_NO_	Arthritic neck
YES_NO_	Arthritic shoulder
YES NO	
110_10_	Outri
Doctor Signatu	ure Patient Signature
Doctor Signan	i aucii Signature

If patient is a minor – Signature of Parent or Guardian.

Name	Date
Significant Family I	nformation
Name:	Maiden/AKA:
Referred by:	_
Height:	Weight:
Health List any family member who has suffered or o	overavioused one of the following conditions.
Uznartancian	-
Diabetes	
Cardiac Disease	
Stroke	
I una Dicasca	
Cancer	
Ohogitz	-
Obesity Liver Disease	
Early Death	
Name of Prescription Drugs 1 2 3 4 5	Dosage Prescribed Date of RX 1
NAME OF OTHER MEDICATIONS DOSAGE TAKEN & DATE 1 2 3 4 5	(NON-PRESCRIPTION) 1 2 3 4 5
LIST ALLERGIES OF ANY KIND INCL SUBSTANCES: 1 2 3	4
LIST ALL SURGICAL PROCEDURES YOU	U HAVE HAD AND DATES OF SURGERY:
1	4
2	5
3.	6.

Name		Da	te
	PRE-OP QUE	STIONNAIRI	<u>.</u>
GENERAL INFORMATION			
1. Height	Weigl	nt	_
2. Your height and weight five y	ears ago?	Height	Weight
3. Your height and weight ten y	ears ago?	Height	Weight
4. Height and weight of your sp	ouse?	Height	Weight
5. Average height and weight of	your mother?	Height	Weight
6. Average height and weight of	your father?	Height	Weight
7. What do you feel is a healthy	weight for you?		_Lbs.
A	s to help reduce y	our weight? (Circle) Yes No
Month Physician's recommend	Year lation:		
Address:			
12. Do you smoke?Yes	No If yes,	how much per	· day?
13. Do you drink alcoholic beve If yes, indicate which k			
A. Hard Liquor	Yes!	No Am	nount?
B. Beer	Yes!	No Am	nount?
C Wine	Ves 1	No Am	nount?

Name_				Date	
14 Icon	y mombor of you	ır family obe	ese? If your answer	ic voc. for how long	9
	Mother	•	•		
	Sister		_	Father	
	Aunt			Brother	
	Grandparents			Uncle Other	
	Granuparents			Other	
		PE	RSONAL INFORM	IATION	
1. Durin	g what period of	your life die	d you become obese?	!	
2. Why	do you want to lo	se weight? I	List in order of impo	ortance.	
	B				_
	C				_
	D				-
3. Descr	ibe your feelings	about being	overweight.		
					,
4 TT I	l! l	6643	·	.0	
4. How I	nas being obese a	iffected you	in your employment	:: ?	
5 How l	ong has being ob	sece affected	your relationship w	ith others?	
5. 110W 1	ong nas being or	esc affected	your relationship w	ith others.	
					
6. How l	has obesity affect	ed vour sex	life?		
	•	v			
7. How o	do you think sur	gery will affe	ect your personal pro	oblems?	

	Date
	bblems?YesNo
REFERENCES	
in order or preferences)	
	Vegetables
	Desserts
	Other Favorite Foods
ried, baked, or broiled	d? Number in order they are usually cooked
YesNo	If yes, what kind and how much per week?
akfast.	
ch.	
ner.	
	ried, baked, or broiled Broiled YesNo laked akfast.

Name		_	Date	
7. On which foods do you use	salt and ho	w much salt do	you use?	
Type of food	<u>Little</u>	Moderate	Great Deal	
	()	()	()	
	()	() () ()	()	
8. Do you drink coffee?				
Number of cups per	day	Amount of su	gar added	
9. Do you eat snacks?Yo	esNo If	yes, when and	what do you eat?	
Time of day		What	you eat	
10. What do you consider to	—— ho vour nooi		ts? List the most serious first.	
·		C		
A B				
C D.				
EXERCISE INFORMATION				
11. Do you exercise?Y				
If yes, what kind of o		how often?		
		——————————————————————————————————————		
HOW DID YOU FIND US?				
To help us effectively direct please answer the following of		_	e can reach the people who recollection.	need our help
A. When did you firs	st call regard	ling this progra	m?	
Date				
Time				
B. How did you hear TV	about this I	Program? Radio	Print	

Name	D	ate	
C. What influenced you to pick up the phone ar	nd contact our	office?	
D. How did you feel after you spoke with the co	ounselor?		
			_
			_ _ _
Health Survey Questionnaire 2.0	International	Rariatric Surgar	— — — Pagistry
Name		ate	y Registi y
SSN	W	eight (kg or lb)	
Chart No			
Instructions: Please answer ALL quest leave questions blank or circle more th	an one respon	se to each questi	
1. In general, would you say your health is:		Excellent? Very Good	
(Please circle ONE number)	3	Good	
		Fair	
	5	Poor	
2. Compared to 1 year ago, how would you rate	your health n	ow?	
•	1	Much Better	
	2	Somewhat Bet	tter
	3 4	The Same	>
	5	Somewhat Wo	orse
The follow questions are about activities you is limit you in these activities? (Circle ONE numb			. Does your health nov
My health limits this activity	not at all	<u>a little</u>	<u>a lot</u>
•		<u> </u>	
3. Vigorous activities, such as running, Lifting heavy objects, participating in Strenuous sports	1	2	3
4. Moderate activities, such as moving a			

Name	Date			
Table, pushing a vacuum cleaner, bowling, Or playing golf	1	2	3	
5. Lifting or carrying groceries	1	2	3	
6. Climbing several flights of stairs	1	2	3	
7. Climbing one flight of stairs	1	2	3	
8. Bending, kneeling, or stooping	1	2	3	
9. Walking more than a mile	1	2	3	
10. Walking several blocks	1	2	3	
11. Walking one block	1	2	3	
12. Bathing or dressing yourself	1	2	3	

The following questions are about how you feel and how things have been with you during the past four weeks. For each question, please give the ONE answer that comes closest to the way you have been feeling. How much of the time during the past four weeks?

(Please circle ONE number on each line.)

	All of the time	Most of the time	Good bit of time		little of the time	
13. Did you feel full of pep?	1	2	3	4	5	6
14. Have you been a very nervous person?	1	2	3	4	5	6
15. Have you felt so down in? The dumps that nothing could cheer you up?	1	2	3	4	5	6
16. Have you felt calm and peaceful?	1	2	3	4	5	6
17. Did you have a lot of? Energy	1	2	3	4	5	6
18. Have you felt down-? hearted and blue?	1	2	3	4	5	6
19. Did you feel worn out?	1	2	3	4	5	6
20. Have you been a happy? person?	1	2	3	4	5	6
21. Did you feel tired?	1	2	3	4	5	6

Name_	Name Date							
22.	During the past four weeks, how much of the time have your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)? Circle one.							
	1 2 3 4 5		the time the time f the time					
How tr	rue or false is each	of the fo	llowing for yo	ou?				
			Definitely <u>True</u>	Mostly <u>True</u>	Don't <u>Known</u>	Mostly <u>False</u>	Definitely <u>False</u>	
Litt	em to get sick a le easier than er people		1	2	3	4	5	
	m as healthy as body I know		1	2	3	4	5	
	xpect my health to worse		1	2	3	4	5	
26. My	health is excellen	ıt	1	2	3	4	5	
blu	the past year, hav ie, or depressed, out or enjoyed? ((or when	you lost all in				usually cared	
ub	out of enjoyeu.	on the one	-)		Yes	No		
	ve you had two (2 ost days, even if yo					sed or sad		
					Yes	No		
29. Ha	ve you felt depres	ssed or sa	d much of the	time in the	past year? (C	ircle one)		
					Yes	No		
What i	s your current co	mbined fa	amily income,	before taxes	?			
	2 \$20,000 3 \$40,000 4 \$60,000	an \$20,000 to \$39,00 to \$59,00 to \$79,00 or more)0)0					

Name	Date
What is your	current marital status?
1	Married
2	Widowed
3	Separated
4	Divorced
5	Never Married
What is your	current educational level?
1	8 th grade or less
2	Some high school
3	High School Graduate
4	Some College
5	College Graduate
6	Any post-grad work
THANK YO	U!
Institute (He Corporation	ised to collect information about how you feel about your health. The Health Outcomes OI) of Minnesota distributes the Health Survey Questionnaire 2.0. The Rand of California bases it on the Rand 36-Item Health Survey produced. As an Outcomes Systems user the IBSR was given permission by HOI to include these items for your

Date:_____

Patient: